



### Context-Dependent Outcome Encoding in Human Reinforcement Learning

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#### Introduction

The view that perceptions and evaluations depend on their context was already a central tenant of the late 19th century's Gestalt psychology theory [1] and of early Utility theory [2]. A century later, the pervasiveness of perceptual illusions and decision-making biases, combined with decades of research in psychology, economics and neurosciences, consolidated the notion that perceptual and economic decisions are highly susceptible to contextual effects [3]. A significant fraction of these contextual effects seems to result from two fundamental computations: reference-point centring and range adaptation [4–6].

In most ecological and real-life situations, decisions are arguably strongly influenced by the retrospective recollection of past outcomes experienced in similar situations [7]. Yet, in these experience-based decisions (realm of the reinforcement-learning framework), the notion of outcome context-dependence has been mostly neglected until recent times [8, 9] involving either description- or experience-based choices. In description-based paradigms, decision variables (i.e. payoffs and probabilities. Here, we review recent experimental work demonstrating that in human reinforcement learning, outcomes are encoded and remembered as a function of the learning context.

By building on earlier work in perceptual decision-making, we consider the outcome context-dependence as a manifestation of adaptive coding. Adaptive coding formalizes the idea that the (neural) representation of a variable is constrained by its underlying statistical distribution (the context [4, 5]). Analogously, in reinforcement learning, outcome encoding is influenced by the distribution of outcomes experienced in the same or similar contexts.

## Outcome reference point-dependence in reinforcement learning

Harry Helson (1898–1977)'s adaptation-level (AL) theory constitutes the first systematic empirical investigation and theoretical formalization of the reference point-dependence of perceptual judgments [10]. AL theory postulates that perceptual features (such as luminosity, loudness and weight) are evaluated relative to a norm (or adaptation level) as follows:

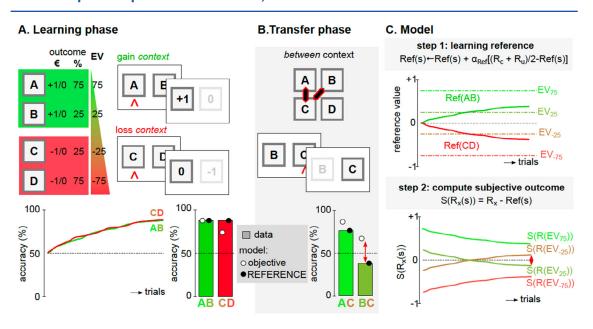
$$J_i = S_i - \bar{S}$$

where  $J_i$  is the judgement of a particular stimulus i on a specific attribute,  $S_i$  is the objective value of the same stimulus in the perceptual attribute under consideration, and  $\overline{S}$  is the norm, namely the arithmetic mean of all stimuli relevant to defining the context. The norm constitutes a reference point, usually defined as the running average of similar stimuli recently or simultaneously sampled, which is used as a point of comparison to judge the currently experienced stimulus (centring). By importing the AL core intuition into the realm of economic judgment and decision-making, Kahneman and Tversky proposed that the utility of an expected outcome does not reflect its objective value, but rather a sense of gain or loss, relative to a reference point. Reference-point dependence is therefore an intrinsic feature of prospect theory (PT [11, 12] specifically in research on decision-making under risk. Kahneman and Tversky's 1979 study tested financial choices under risk, concluding that such judgements deviate significantly from the assumptions of expected utility theory, which had remarkable impacts on science, policy and industry. Though substantial evidence supports prospect theory, many presumed canonical theories have drawn scrutiny for recent replication failures. In response, we directly test the original methods in a multinational study (n = 4, 098 participants, 19 countries, 13 languages).

In a recent study, we tested if reference point-dependence affects the way outcomes are encoded (and stored in memory) in human reinforcement learning [\*\*13]. Our behavioral paradigm joins a learning phase with a transfer phase [14, 15]. Initially, during the learning phase, participants had to choose between options presented as fixed pairs of cues that were associated with a probabilistic outcome. The type of outcome defined the learning context: 'gain' (i.e. reward maximization) or 'loss' (i.e. punishment minimization) (Figure 1A). In the transfer phase, participants were required to express their option preference for each pairwise possible combination, including hybrid combinations of options from different learning contexts (Figure 1B). Two key behavioral results emerged: i) during learning phase, accuracy was well above chance and remarkably similar in the gain and the loss contexts; ii) option preferences in the transfer phase violated the strictly monotonic ranking dictated by their expected values (Figure 1A-B). More specifically, we found a significant preference for the small-loss option over the small-gain option. Crucially, these two key effects violate the predictions of outcome encoding by a standard Q-learning algorithm. In the learning phase, the standard model predicts lower performance in the loss condition: a phenomenon due to an intrinsic asymmetry in reinforcement rate in the gain and loss contexts (a.k.a. the punishment learning paradox [16–18]. In the transfer phase the standard model predicts a strictly monotonic ranking of option preferences as a function of their objective values. By following the intuition of AL and PT theories, we proposed a model that learns the value of a reference-point and uses it to dynamically center the outcomes

before computing the option-specific prediction error (Figure 1C). We refer to this model as the REFERENCE model. This model successfully explains symmetrical gain-loss performance in the learning phase and the suboptimal preference pattern in the transfer phase. Moreover, it outperforms the standard Q-learning model in a broad range of conditions, arguing in favor of outcome reference-point dependence in reinforcement-learning. This result has been replicated not only in our laboratory, but also in other studies and featuring different designs, including social learning [19] and different option contingencies, arrangements and manipulations [\*20–22].

Figure 1
Reference point-dependence in RL: task, results and model variables



(A) Learning phase contexts (top panel) and typical behavior (bottom panel). Subjects are presented for several trials with two learning contexts: AB (gain-maximization context) and CD (loss-minimization context). Feedback is probabilistic. Accuracy typically starts at chance level and progressively increases, reaching a similar plateau in both learning contexts.

(B) Transfer phase contexts (top panel) and typical behavior (bottom panel). After the learning phase, symbols are re-arranged in new combinations. Here, we focus on the most informative combinations (AC and BC). The hallmark of outcome reference-point dependence is the preference for C over B in the BC comparison (green bar). While these behavioral signatures observed in both the learning and the transfer phase strikingly contrast with a model assuming objective outcome encoding (white dots), they are well captured by the REFERENCE model (black dots). Of note, choice pattern in the AC is also informative and indicates that the centering is only partial.

**(C)** Evolution of the contextual variables (top panel) and subjective outcomes (bottom panel). The top panel illustrates the canonical temporal evolution of the reference points in the gain and loss contexts. Halfway through the learning phase, the reference points cross the expect value of the small gain/loss options. The bottom panel illustrates the resulting evolution of the average subjective outcomes for each option. Symmetrically to the top panel, roughly halfway through the learning phase, the subjective value of the outcomes of the EV<sub>25</sub> and EV<sub>25</sub> options started to be subjectively 'perceived' as negative and positive, respectively.

### Outcome range-adaptation in reinforcement learning

In the late 20th century, Allen Parducci revealed the presence of context-dependence in affective assessments of happiness, pleasure and pain, and formalized his findings in the range frequency (RF) theory [23]. Of particular interest to our review is Parducci's 'range principle', which describes the subjective judgement of a stimulus  $J_i$  as:

$$J_i = \frac{S_i - S_{min}}{S_{max} - S_{min}}$$

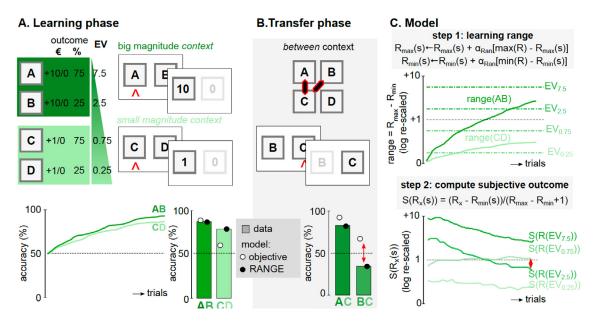
where  $S_i$  is the objective value of the stimulus i in the perceptual attribute under consideration, while  $S_{max}$  and  $S_{min}$  are the highest and lowest values presented in the relevant context, bounding the range of possible outcomes. Essentially, the range principle states that subjective valuation is adapted to the underlying distribution of stimuli through a normalization rule. Recently, Kontek and Lewandoswky translated this idea into description-based decision-making by proposing the range-dependent utility model as an alternative to PT [\*24]. The model assumes that the prospective valuation of the expected payoff of lotteries is range-adapted and accounts for several known behavioral paradoxes [25].

In a couple of recent studies, we tested if the range principle also applies to outcome encoding and retrospective retrieval from memory in reinforcement learning [\*\*26, \*\*27]. We built upon the previous behavioral paradigms to include systematic manipulation of outcome magnitudes, generating learning contexts with different outcome ranges. As in the previous study, the learning phase was followed by a transfer phase, which included new combinations of options (Figure 2A-B). Again, two key results emerged from these studies: i) accuracy was very similar in the small and the big magnitude contexts; ii) in the transfer phase, participants' choice-elicited preferences were not consistent with the objective outcome values. Notably, options that were locally correct in the small magnitude contexts were systematically preferred to options that were locally incorrect in the big magnitude contexts, despite their objective expected values having the opposite ranking. A standard Q-learning model (with objective outcomes and softmax decision rule [28]) fails to predict this pattern, because its choice probabilities (and therefore accuracy) are strongly affected by the relative magnitudes of the option values. In line with RF theory, we proposed a model that learns the range of possible outcomes and uses it to dynamically rescale the outcomes before computing the option-specific prediction error (Figure 2C). This model, referred to as the RANGE model satisfactorily captures the key behavioral effects. In our last study [27] range adaptation has been shown to lead to suboptimal choices, particularly notable in reinforcement learning (RL, we also modulated the difficulty of the learning phase in two ways: by manipulating outcome information (partial vs. complete feedback) and by manipulating the task structure (blocked vs interleaved design). We found that outcome range adaptation was more pronounced in the easiest settings (block design, complete feedback), consistent with the idea that these manipulations enabled the participants to identify the context-relevant variables more easily. Crucially, as predicted by the RANGE model, this result was accompanied by a reduction in the subjects' ability to successfully extrapolate option values in the transfer phase. This finding is in striking opposition to the almost universally shared intuition that reducing task difficulty should lead, if anything, to more accurate and rational behavior [29, 30].

Another recent study investigated choices in a reinforcement learning paradigm featuring repeated choices between a deterministic (i.e. risk-free) and a probabilistic (i.e. risky) option. Results showed that the outcome range matters in subjective outcome values [\*31] when people learn the odds and outcomes from experience, the extreme outcomes (best and worst. Specifically, the authors convincingly demonstrated that risk preferences were strongly driven by an increased saliency of the extreme (i.e. the highest and the lowest possible) outcomes presented locally, in a *given context*, rather than being attached to any specific objective outcome value.

Figure 2

Range adaption in RL: task, results and model variables



- (A) Learning phase contexts (top panel) a typical behavior (bottom panel). Subjects are presented for several trials with two learning contexts: AB (big-magnitude context) and CD (small magnitude context). Feedback is probabilistic. Accuracy typically starts at chance and progressively increases reaching a quite similar plateau in both learning contexts.
- (B) Transfer phase contexts (top panel) and typical behavior (bottom panel). After the learning phase, symbols are re-arranged in new combinations. Here, we focus on the most informative combinations (AC and BC). The hallmark signature of outcome range adaptation is the preference for C over B in the BC comparison (green bar). While these behavioral signatures observed in both the learning and the transfer phases strikingly contrast with a model assuming objective outcome encoding (white dots), they are well captured by the RANGE model (black dots). Of note, choice pattern in the AC is also informative, as it indicates that the range adaptation is only partial.
- (C) Evolution of the contextual variables (top panel) and subjective outcomes (bottom panel). The top panel illustrates the canonical temporal evolution of the ranges in the big and small magnitudes contexts. To the end of the learning phase, the ratio between the expected value of the options and the range values become similar in the big and small magnitude contexts. Crucially,  $R_{\text{max}}$  and  $R_{\text{min}}$  updates are conditional of  $R > R_{\text{max}}$  and  $R < R_{\text{min}}$ , respectively. The bottom panel illustrates the evolution of the average subjective outcomes for each option. Notably, approximately halfway through the learning phase, the subjective value of the outcomes of the  $EV_{2,R}$  and  $EV_{0,75}$  cross over.

# What are the functional roles of outcome context-dependence in reinforcement learning?

Converging evidence shows that outcome context-dependence systematically induces suboptimal choices when options are extrapolated beyond their original learning contexts in the transfer phase (Figure 1-2). Our work shows that context dependency can, of course, improve learning performance in specific conditions (loss avoidance, small magnitude). However, most of these beneficial learning effects could be achieved by normalizing value signals at the choice phase, rather than at the learning and memorization phase, without bearing the costs of irrational preferences in the transfer phase. We speculate two possible functional roles for this learning bias. First, outcome context-dependence could simply result from adaptive and efficient (neural) coding principles, thereby optimizing information processing during learning [4, 5]. Alternatively, while context-dependent learning induces suboptimal choices in our laboratory setting, they may be evolutionarily rational, meaning that they generate, on average, optimal performance in the environments where they evolved – e.g. in environments where the resources are highly volatile [32, 33].

### **Open questions**

The present demonstration of context-dependent outcome encoding (Figure 1 and Figure 2) relies on a combination of an instrumental learning phase and of a transfer phase eliciting preference as instrumental choices (e.g., in a procedural manner). Whereas recent evidence suggests that the Pavlovian learning system presents similar outcome encoding constraints [34], future studies should investigate address whether the same mechanism generalizes to other learning (Pavlovian, instrumental, goal directed) and representational (declarative, episodic) systems [35, 36]. Finally, although we focused our review on situations, where context-dependent reinforcement learning concurrently benefits the learning phase and undermines generalization, an exhaustive investigation of learning and transfer environments could potentially identify situations where this trade-off can be tipped in favor of better generalization.

Deciphering the mechanisms and properties of reference-point dependence and range adaptation may also be key to appreciating the neurobiological encoding of learning and decision-related variables [\*\*13, \*37, 38].

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